

MASTER YOUR TIME: PRODUCTIVITY FOR LEADERS & EDUCATORS

Through a combination of interactive activities, hands-on exercises, and expert instruction, participants will learn how to set achievable goals, prioritize tasks, manage time more effectively, stay focused, and eliminate distractions.

Who is this course for?

This productivity course is ideal for leaders and educators who are looking to improve their productivity and efficiency and achieve their goals.

How long is the course?

The duration of this training is 3-4 hours depending on the number of participants.



General Course Overview

REGISTER TODAY!

- Setting Goals
- Eliminating Distractions
- Mind Mapping and Brainstorming
- Energy Management
- Work-Life Balance
- Prioritizing Tasks
- Overcoming Procrastination

- Staying Focused
- Managing Stress
- Habits and Routines
- Tools and Technology
- Time Management
- Creativity and Innovation
- Mindfulness and Meditation



